



Oral Placement Therapy

What is Oral Placement Therapy?
Oral Placement Therapy (OPT) is a type of oral motor therapy used by speech-language pathologists to target specific movements needed for speech clarity and feeding. It is a program created by Sara Rosenfeld-Johnson that utilizes auditory and visual stimuli while adding the tactile and proprioceptive systems. This allows children to *feel* the movements as well as *hear* and *see* them.





What do OPT therapists do?

Therapists trained in Oral Placement Therapy identify a child's oral motor developmental stage and develop a program plan with motor-appropriate speech practice. They choose sounds/ words/vocabulary reflecting the child's current skills, while working to develop oral motor skills for more sophisticated and precise speech. OPT tools include fun items such as straws, horns, and bubbles.

Who is OPT therapy appropriate for?

Oral Placement Therapy is appropriate for a wide range of patients of any age with communication disorders. The most Common patients have motor speech disorders, articulation problems, or are non-verbal children. Many patients with Down Syndrome, Apraxia/Dyspraxia, Dysarthria, Acquired Brain Injury, Stroke, and Autism Spectrum Disorders have benefitted from OPT therapy.

For more information, contact us at (864) 595-4225 or (864) 627-0009.