



Astronaut Training

The Astronaut Training Program helps children process movement better by using multi-sensory inputs such as body rotation, rhythmic music, and eye movements. Astronaut Training creates opportunities for an appropriate response to sensory input.





What does Astronaut Training improve or maintain?

The Astronaut Training Program helps children process movement better by using multi-sensory input. The vestibular system is essential in balance, understanding our position in space, setting up, and supporting good visual skills. It affects sensory-motor integration, our muscle tone and posture, and basic attention and arousal.

Astronaut Training can be helpful for children with balance, sensory issues, or coordination disorders.

**For more information, contact us at our Spartanburg Clinic
(864) 595-4225**